

Volunteering at The Leukemia & Lymphoma Society

As the official charity to several events in the Chicago area, we provide volunteers throughout the event and in return, the event will make a donation to support our mission.

Who Can Volunteer?

Everyone is welcome to volunteer in our offices or at an event.

- Individuals
 - Students
 - Seniors
- Groups and Teams
 - Corporations
 - Churches
 - Schools
 - Community service groups
 - Sports teams

About Team In Training & Light the Night

Team In Training (TNT) is the world's largest comprehensive endurance training program for runners, walkers, cyclists and triathletes. Participants promote fitness and healthy lifestyles while raising money to support the Society's mission. Volunteers participate by working at a water or aid station, being a course marshal, or helping out in the Victory tent celebration.

Light The Night (LTN) is an annual evening walk and fundraiser that has a festival-like atmosphere, with fun activities for the entire family. Thousands of walkers will participate in one of six sunsets walks throughout Illinois. Volunteers help the evening run smoothly for the participants by working at the registration tent and food booths, assisting with entertainment, photography, T-shirts, and balloon distribution.

Facts about Leukemia, Lymphoma, & Myeloma

- Leukemia is the number one killing disease of children between the ages of 1 – 14.
- Leukemia is the second major cause of cancer deaths in men and women under 35 in the U.S. each year.
- Non-Hodgkin's lymphoma is the sixth most common cancer in the U.S.
- Every nine minutes an American dies from leukemia, lymphoma, Hodgkin's disease, or myeloma.
- This year over \$130,000 of Patient Aid will be given to Illinois patients with little or no health insurance (or to patients from low-to-middle income families).

About The Leukemia & Lymphoma Society

The Leukemia & Lymphoma Society is the world's largest voluntary health organization dedicated to funding blood cancer research, education and patient services.

The Society's mission: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. Since its founding in 1949, the Society has invested more than \$550 million for research specifically targeting blood cancers.

THE ILLINOIS CHAPTER
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www.lls.org/il
www.LightTheNight.org/il
www.TeamInTraining.org/il



2008 Volunteer Opportunities



What Cancer Can't Do

*Cancer is so limited...It cannot cripple Love,
It cannot shatter Hope, It cannot corrode Faith,
It cannot swat away Peace, It cannot suppress Memories,
It cannot silence Courage, It cannot invade the Soul,
It cannot steal Eternal Life, It cannot conquer the Spirit.*

—Author Unknown

We invite you to join us!

www.lls.org/il

Office Support Volunteer Opportunities

Help in the fight against blood cancers by helping us in our office. You can schedule a time during the week that works around your schedule. Help us out with phone calls, mailings, data entry, packing LTN balloons, and more!

Or, join us for our **Super Volunteer Days**, where you can enjoy fun, food, and prizes while helping us with our mission.

Upcoming Super Volunteer Days:

January 26 • February 23 •

March 29 • April 26 • May 17 •

June 28 • July 26 • August 23 •

September 27 • October 25 •

November 15 • December 13



Light The Night Volunteer Events

Walks will take place at the below locations in September and October, 2008.

Chicago, IL

Grant Park (Museum Campus)

Bloomington, IL

Miller Park

Rockford, IL

Davis Park

Western Suburbs

Lisle Community Park

Peoria, IL

Riverfront

North Shore

Gallery Park

Barnes & Noble Giftwrapping

(End of November and all December)

Gift wrap during the holiday season and all tips that you earn will go back to the Light The Night Campaign. No need to be an expert giftwraper, just come out and have some fun! Recruit a friend or two and volunteer for a 3-4 hour shift at the Barnes and Noble near you.



Team In Training Volunteer Events

Ravenswood Run 5K

Sunday, April 27th

May Main Course

May 2008

Aid Station Volunteers needed

Soldier Field Ten Miler

Saturday, May 24th

Aid Station Volunteers needed:

Batavia Triathlon

Saturday, June 8th

Waukegan Triathlon

Friday, June 20th

Women's 5K, 10K & Festival

Sunday, July 20th

Harbor Lights Triathlon

Sunday, July 22nd

Bank of America Chicago Distance Classic

Saturday, August 9th

Expo Booth Volunteers

Sunday, August 10th

Expo Booth Volunteers

Race Aid Station Volunteers

Victory Tent Volunteers

Elvis is Alive 5K

Thursday, August 14

Accenture Chicago Triathlon Series

Friday, August. 22

Expo Volunteers

Saturday, August 23rd

TNT Booth Volunteers

McDonalds Kids Triathlon Volunteers

Sunday, August 24th

Body Marking Volunteers

Double Aid Station Volunteers

Transition Volunteers

Bank of America Chicago Marathon

Friday, October 3rd

Expo Booth Volunteers

Saturday, October 4th

Expo Booth Volunteers

Sunday, October 5th

Rally Station Volunteers

Victory Tent Volunteers

Pumpkins in the Park 5K

Saturday, October 18th 5K

Patient Services Volunteer Events

Rockford Cancer Survivor's Conference

Saturday, May 3rd

Registration Volunteers

Chicago Cancer Survivor's Conference

Saturday, June 7th

Registration Volunteers

Traffic Volunteers

Introduction & Liaison Volunteers

Floating Volunteers

To sign up for volunteer events

contact Jill Thomas at 312.568.7740

or jill.thomas@lls.org.



**The Leukemia &
Lymphoma Society®**

Fighting Blood Cancers